



Voice of the Residents

Vol 40, No 7

Broadmead, Cockeysville, MD

March, 2019

Inaugural quarterly panel discussion covers many questions and answers

By Ed Hirschmann

Dr. Anna Monias, Broadmead's new medical director, made a brief formal debut at a packed town hall meeting on January 28 – in a brisk, assertive, ready-to-go mode.

One point she emphasized – as had earlier speakers – was the importance of continuity of medical care. "Make your follow-up appointment at the time of your medical visit," she said.

While awaiting Dr. Monias's arrival, a vigorous discussion was conducted by Ann Patterson, Health Care Administrator; Kristy McClean, RN, OPD nurse manager; and George Pattee, Director of Safety and Transportation. There were many audience questions on medical transportation and access to records.

Under the "old contract" – i.e., prior to January, 2017 – authorized medical transportation was provided by Broadmead. Under the current contract, however, the institution charges \$20 an hour and 54 cents a mile for the service. Residents' requests for medical transportation forms can be picked up at the reception desk. Completed forms must be placed in the "Maintenance and Transportation" mailbox, at least a week before the appointment.

Broadmead will work with off-campus physicians and services, Pattee said, but if it duplicates a service which is available on-campus, the administration would want the patient to transfer his/her care here. This news elicited some audience frowns and murmurs. But he also remarked: "Please do whatever is necessary for your health."

If a service or transport is ongoing, the reference is kept on file at Broadmead, and remains valid. Such is the case with a chronic condition.



Ann Patterson, George Pattee, Kristy McClean, and Bella Stewart
Photo by Angela Breakey

Also introduced was Bella Stewart, in charge of Medical Records. She noted that procedural records and test results must be released by the doctors who treat the patient and order the tests, and not just by the laboratory which did the testing.

Throughout the proceeding, Ann Patterson kept discussions on point. She recorded data on two large easels. On one she listed tangential issues that arose which will provide topics for future panel discussions. On the other easel she noted 17 action points – questions which will be researched, with answers provided to residents in the coming days and weeks.

Banner photo "Sightseeing Mallards" posing on Lake Maybe by Erroll Hay

Broadmead residents swell ranks of MaCCRA Visitors to Annapolis

By Ed Hirschmann

Residents of Broadmead and other state-licensed retirement communities held their legislative lobbying day on February 6. Busloads devoted their day to an Annapolis visit set up by the Maryland Continuing Care Residents Association (MaCCRA). MaCCRA officials called it their largest turnout ever, as 13 of the 38 licensed communities in Maryland sent resident representatives.

Alice Giles made arrangements for ten Broadmeaders to make the trip, unfortunately without outgoing Maryland MaCCRA president Alma Smith, who was unable to attend. Along with Alice, those present were Carolyn Berry; Ann Heaton; Ed Hirschmann; MaCCRA's legislative chairman and former law school dean Michael Kelly; Ethel Landis; Ken and Bonny Lewis; Judy Sweeney; and Mary Frances Wagley.

Michael Kelly explained several vital issues coming before the General Assembly this year. One would allow residents to engage lawyers to participate in grievance procedures against their institutions. At present, he explained, the institution may have legal advisors, but not the residents. For instance, if an entrance fee refund claim is disputed, management may have a lawyer at the hearing, but the resident may not.

Another topic slated for consideration is regulating the time a resident's car can occupy some handicapped parking spaces on institutional lots. Apparently some facilities have residents who simply leave their cars permanently in spaces intended for brief use.

Also to be considered are "waiting list" admissions procedures of CCRC's. This topic is apparently in response to applicants who believe that conclusive action on their applications has been unreasonably delayed.

These issues, along with several others, will be sent to house and senate committees for consideration. The committees will decide whether or not to propose legislation.

Ten delegates and three state senators spoke briefly to the more than 70 visitors who jammed a caucus room in the Statehouse. Included were Broadmead district representatives Senator Chris West and Delegate Nino Mangione.

American Visionary Art Museum examines parenting in new exhibit

By Sue Baker, photo by Angela Breakey

Rebecca Hoffberger, founder and director of the American Visionary Art Museum, described for an attentive audience the museum's latest exhibit, "Parenting: An Art without a

Manual," which she co-curated.

Using almost every conceivable medium, 36 artists provide artistic interpretations of their own experiences of parenting and being parented.



Rebecca Hoffberger

Presenting parenthood as "the scariest 'hood you will ever go through," Hoffberger described the influence of environments such as noise, which can affect the child even prior to birth. She emphasized children's need of "models rather than critics" and the importance of the development of trust during early childhood. Noting the sky-rocketing involvement of grandparents in parenting, because the opioid epidemic is robbing young children of their parents, she reminded the audience of the important influence of all those who interact with children.

The exhibit is open through August, 2019.

ADVENTURES IN LEARNING

Presidents We Barely Know

James O'Hara (the Supreme Court expert)

Wednesdays March 6, 13, 20, and 27
10:30 a.m. Auditorium

Residents afforded a preview of poignant American Visionary Arts Museum exhibit

By Mary Ellen Saterlie

Photo by Angela Breakey

As a part of the Adventures in Learning series on the American Visionary Arts Museum, John Shields, newly appointed Docent Coordinator, spoke of an exhibit



opening in March entitled "Esther and the Dream of One Loving Family." It consists of 16 large panels of embroideries done by Esther Krinitz, who lived as a child during the Nazi takeover of Poland. These works of art recount an

historic era of horror, and yet still reflect a young child's loving remembrances.

The embroideries depict the horrors of the Holocaust; but also the beauty of flowers, fields, and love of family. One panel shows the honey bees on the farm where she and her sister were hiding before the bees attacked Nazi soldiers. Another shows the sisters hiding with their clothing brilliantly blended into the grasses of the field.

Residents follow up AVAM lecture with visit to museum

By Penny Partlow

The exhibit prompting the lecture by Rebecca Hoffberger reported on page 2 was visited by 27 Broadmead residents who converged by bus and car on the American Visionary Art Museum on February 5.

Docent Margie Spierer and Docent Coordinator John Shields divided the assembly and gave brief walkthroughs of the permanent collection before entering "Parenting: An Art Without a Manual." At the entrance, a gigantic necktie titled "Big Daddy," constructed by an arts and crafts group from dozens of tie silk hexagons, was surrounded by the artists' six-word comments about their fathers. Wall texts throughout the exhibit and background information from the docents imparted deeper insight into the emotions of the artists.

On and off-campus volunteers sought by new coordinator

By Susie Fetter, photo by Gay Block

What better way to get to know residents on Taylor and Hallowell than to volunteer to spend some time there? Broadmead's new Volunteer Coordinator, Sara Moore, is developing protocols for helping and will soon offer training.

Providing water and reading menus can be done by volunteers. Meeting with a resident to provide companionship once a week is welcomed. The volunteer can chat, take the resident to a community event, or engage in a mutually agreed upon activity. A piano has



Dietician Lin Nyce tries out the Taylor piano

been placed in the common area near the nurses' station and is available for anyone to play it. Persons with pets are welcome to visit a family member or friend. However, anyone sharing an animal with a number of residents must first

register with Pets on Wheels.

In addition to volunteering in Hallowell and Taylor, help is welcomed at Sparks Elementary School to tutor children in reading and math. People wanting more information about volunteering on Taylor and Hallowell, registering for Pets on Wheels, or tutoring at Sparks Elementary School, should contact Sara at 443-578-8093. Also, Sara is interested in any ideas that would supply stimulation and companionship for our friends upstairs.

BRA Conservation Committee

*Promoting Ecological,
Energy, and Global Conservation*

Monday, March 11

1:30 p.m. Fireplace Room

All residents welcome

Post-Confucian Chinese history recounted in first two of four lectures

By Bob Fetter Editor's note: The first two lectures in the Multicultural Committee's four-part series were to be delivered by David Harley and by series architect Bob Forster. Bob was unable to appear, so David, using Bob's notes, gave the first two talks.

In his first address, David Harley cited the importance of Confucius' early teachings on virtues, decorum, etiquette, and relationships between father and son; master and servant; ruler and minister; husband and wife; and those between friends. These ideas are included in writings going back more than two thousand years, which strongly influence Chinese culture, along with features from Taoism and Buddhism. The concepts of Yin and Yang provide balance, along with guides such as Feng Shui.

In the Confucian social structure, the Emperor and his family were on top, followed by the soldiers, office holders, peasants, and artisans. At the bottom were merchants because they produced nothing. Another social dynamic involved women. Girls were seen as mouths to feed while contributing no work. They often went unnamed. Neglect and possibly infanticide led to a shortage of females, leaving numerous unmarried men whose spirits would, according to legend and myth, wander the Earth for 10,000 years because they produced no heirs.

David next focused on the last two imperial dynasties, the Ming who ruled from 1368 to 1644, and the Qing or Manchu Dynasty, which reigned from 1644 to 1911-1912.

The Ming years included an exercise in vanity, the Treasure Fleet explorations. But there was little foreign trade other than silk and porcelain, which expanded during the years of Qing rule. The population grew because food crops introduced from other lands such as sweet potatoes, peanuts and

corn provided new sources of nourishment to supplement the rice grown mainly in China's South, and wheat or millet, grown in China's North.

Across the centuries, China has faced challenges of serious erosion, flooding (and relocations of major rivers), migrations and invasions from Central Asia, as well as internal pressures aggravated by famine, disease, and increasing population. Because primogeniture was not observed, plots became smaller as land was divided among sons in each succeeding generation. The land and also became ever less fertile.

Other challenges included the myriad languages and dialects, and the need for manual labor to maintain canals and rivers,

the main forms of transportation. Also, there were serious internal revolts and uprisings, with deaths in the tens of thousands, even millions in some conflicts.

By the later portion of the Qing (Manchu) Dynasty, there was a series of 19th century wars and other conflicts with European powers and Japan. The infamous Opium Wars

forced the opening of Chinese markets to opium imported by the British East India Company. China was also forced to concede Treaty Ports and grant extraterritorial privileges to foreign powers (including the United States) along rivers and within portions of China.

China was slow with internal improvements such as railroads, with the first lines built by foreign interests in 1877. Late in the 19th century reforms were attempted in several areas involving higher education and professional training, including vocational schools. But the dynasty was doomed by unrest extending into the army, as well as by political movements. After a republic was established in 1911, the last emperor, Puyi, abdicated in 1912.



Errol Hay used the magic of his Photoshop program to depict David Harley and Bob Forster in imperial Chinese dress.

New ways to observe the universe

By Richard Goody, photo by Angela Breakey

Astronomy, the most ancient of sciences, has changed beyond recognition in the past 50 years, from a communion between an astronomer and the heavens using simple equipment and telescopes, to a burgeoning, high-tech enterprise striving towards barely imaginable objectives.

To explain these changes, Broadmead residents had the privilege, on February 8, of hearing Professor Bill Blair, from Johns Hopkins University, talk on the topic "Latest technology opens new avenues in the Universe" for the Open Forum Committee. His impressive presentation was packed with information and accompanied by copious visuals.

Telescopes in space are an essential component of this high-tech enterprise. They orbit above the absorption and distortion caused by the atmosphere. A very large space telescope could, in principle, see as far as the Big Bang and the edge of the Universe. The largest telescope to date is the Hubble Space Telescope with a 2.4m diameter mirror, managed from Johns Hopkins University.

Hubble will shortly be replaced by the James Webb telescope, with a 6.5m diameter mirror, and eventually, perhaps, by the huge LUVOIR mirror, 15m in diameter. The James Webb mirror is segmented, or cut up into smaller mirrors, that must be



assembled in space, with a precision measured in fractions of a wavelength of light.

Segmented mirror technology can also be used on earth, and huge ground-based mirrors can now be contemplated.

The largest such existing device in the US is the Keck telescope in Hawaii, with two 10m segmented mirrors. Segmented mirrors can also be used as 'adaptive optics' that can compensate for atmospheric distortions, given a 'guide star' to act as a control.

These are but a few of the many areas of astronomy that are being transformed by high-tech methods.

Open Forum Committee

Presidential Power, Past and Present

Jack Fruchtman, Professor of Political Science, Towson University

Thursday, March 7 7:00 p.m. Auditorium

Open Forum Committee

The History of Maryland: One Billion Years & Counting

Dennis Coskren, PhD
Professor of Geology, Montgomery College

Thursday, March 28 7:00 p.m. Auditorium

Let's Sing

"Campfire Songs"

Monday, March 18 7:00 p.m. Lounge

Great Decisions

Barry Rascovar

Foreign Policy Association
videos will be shown

3:30 to 5:00 p.m. Auditorium

Thursday, February 28

Cyber Conflict

Thursday, March 7

U.S. and Mexico

Thursday, March 14

The State of the State Department

Broadmead Writers Group

Fridays, 4 p.m. Fireplace Room

Often followed by dinner
New members welcome

Holleran survey results: Some improvements, but more needed

By Susie and Bob Fetter

During the February Fireside Chat, Chief Operating Officer Robin Somers reported on the results of the Engagement and Satisfaction Survey taken last fall among Broadmead residents in Independent Living.

The report's findings, which include comparisons with the results of the Satisfaction Survey taken in 2013, were mixed. While satisfaction with transportation and housekeeping services and timely response to maintenance requests significantly improved over the past five years, the satisfaction level for these areas, along with the perceived quality of skilled nursing care, remains below that reported in other retirement communities surveyed by Holleran.

Another concern this time was that only 81% of the Independent Living residents would recommend Broadmead to a friend or relative compared to the last survey, when 93% of residents stated they would make such recommendations. Robin noted that the recent survey was conducted at a time when OPD was in transition after the retirement of two longtime staff, which may have influenced this decline, along with uncertainties as the Master Plan construction and accompanying changes are being implemented.

Robin said the administration takes the Holleran report very seriously and will take steps to improve services, including convening several workgroups composed of staff and residents to prepare and implement action plans.

Robin thanked the community for the 84% response rate to this survey by 236 of 282 independent living residents. This was better than Holleran's nationwide response rate of 78%, but lower than the 92% response rate by Broadmead's independent living residents five years ago. The survey format was developed by the research firm Holleran. Holleran serves clients in 43 states and Canada, including 307 retirement communities.

In the question and answer period following

Robin's presentation, residents expressed appreciation for the staff, saying they looked forward to learning the results of the Employee Engagement Survey. Robin said these results will be shared in the near future, along with the results of the survey of Assisted Living and Skilled Nursing residents (or their family members) done at the same time cluster residents were polled.

Robin said that as a reflection of Broadmead's commitment to understanding and improving resident and staff experiences and perceptions, Pulse Surveys will be conducted annually prior to the next full Holleran Report.

State offers valuable phone help for those who need it

By Mary Ellen McMillin

Photo by Angela Breakey

At a joint session of InSight and HearHere in January, residents were shown a wide variety of telephonic innovations for people with limited sight or hearing. A State of Maryland agency, Maryland Relay, operates a program, Maryland Accessible Telephones (MAT) that evaluates individuals in its Baltimore office and provides appropriate equipment to improve their ability to make connections; to hear; and to speak understandably. Generally, there is no charge.



**Tarita Turner and
Amy Redmon-
Norwood**

Agency representatives Tarita Turner and Jennifer Curran demonstrated telephones with a variety of features. For a person who is hard- of-hearing, the captioned telephone has a screen that shows the text of the caller. Some phones also print out the text for future reference. Such information is helpful if talking to a medical office.

For the unsighted, there are TTY phones with Braille keyboards and audio transcriptions of responses. Some equipment requires high speed internet, but most devices do not.

Broadmead Welcomes

Kathryn Amey Shelton, P-1 Feb., 2019
443-578-8335, katishel@comcast.net

A shy child, Kathryn learned that if she asked people questions, it took the spotlight off her. This grew into a talent for conversing



with people, which proved to be a great asset in her career as a gift planning advisor for Johns Hopkins University. She has always considered herself a teacher, starting in the classroom and later working with mothers in a Johns Hopkins clinic.

Born in Baltimore, Kathryn moved at the

age of four to the Philadelphia area, where she grew up, then farther north to Smith College in Massachusetts. She bounced around from Rhode Island to Los Gatos, CA, with numerous cities in between. Then, following a divorce, she moved to Baltimore in 1982 to be near her brother Mike.

She lived in Rodgers Forge until moving to northern Baltimore County in 1998 after she and Tom married. Theirs is a mixed marriage: he is Presbyterian, she Lutheran; he's a southern boy and she's a Yankee.

She has one living child, a daughter, and two grandsons in North Carolina. Kathryn has long been active in the Lutheran Church, serving on the board of Lutheran Social Services. A member of the Guilford Garden Club, she enjoys flower gardening, leaving the vegetables to Tom.

Reading is a passion, and she is interested in family history. An ancestor was kicked out of the Massachusetts Bay Colony in 1672 for flouting Puritan rules. Kathryn continues the family tradition of thinking for herself.

Text and photo by Kathleen Truelove

Help our New Residents. Wear name tags the first three days each month.

Thomas Shelton, P-1 February, 2019
443-578-8335. katishel@comcast.net

Tom Shelton is a country boy. Broadmead is the most densely populated area he's ever lived in and he says it's an adjustment. His non-negotiable criterion for a retirement community was that it be outside the Beltway.

A native of East Tennessee, he spent his working adult life on the Maryland/West Virginia border, then in retirement moved 21 years ago to far northern Baltimore County,



just off Falls Road, almost but not quite to the Mason Dixon Line. On the eleven acres there, he was a gentleman farmer, or maybe a truck farmer, raising everything from asparagus to zucchini. The first thing he "cooked" here at Broadmead was pimienta cheese made with pimientos

he grew, roasted, and froze. He also makes biscuits for breakfast.

A graduate of the University of Tennessee, he is a chemical engineer and spent his career at the Westvaco pulp mill in Luke, MD, eventually becoming its superintendent. He has four children and three grandchildren, scattered from Texas to Tennessee to Virginia.

Tom is an avid opera fan and this played a part in his meeting Kathryn. It's a great story; ask them about it sometime! They have been married for 22 years.

Tom also enjoys history and classical music, and although his farming days are over, he looks forward to raising a few tomato plants in a garden plot. Genealogy is another of his interests. A great great grandfather was lieutenant governor of Alabama and a great great great grandfather founded Rogersville, TN, Tom's hometown.

Text and photo by Kathleen Truelove

Fireside Chat Monday, March 11
10:30 a.m., Auditorium

Broadmead Welcomes

Ann Arroyo Q-11 February, 2019

443-578-8388 ahoarroyo@aol.com

Ann Arroyo is a traveler. Her current passport has all seven continents on it. She is off in mid-March to Capetown, South Africa, up the west coast of Africa, and ending in Morocco for a week.

Ann grew up in Catonsville and began school there, but left to finish at Linden Hall in Lititz, PA. After one semester of college, Ann took another direction in life. She returned to Baltimore and began a job at Hopkins Applied Physics Lab where every year she was offered a three week trip to various countries in Europe. Thus began her love of travel.

Ann drove to Mexico and then Alaska, using the old Alcan Highway, 1222 miles of gravel road. Then she returned to Baltimore and bought a \$1 house in Otterbein which she renovated and occupied in 1977, staying for 25 years. During that time she



began selling real estate, but the travel excitement remained.

In subsequent years, Ann flew to Davos, Switzerland; went on a cruise to Bermuda; and visited a childhood friend in Germany, just as the Berlin Wall fell. From there she went to Belgium, Luxembourg, and Paris.

Ann moved to Delaware, and after a Baltic cruise and a trip to Antarctica, she sold her house in 2006 and embarked for 85 days to Sydney, Singapore, Thailand, Viet Nam, Dubai, Venice (via the Suez Canal), and, for the first of three visits, Istanbul. Ann lists even more places she would like to see.

*By Mary Ellen Saterlie
Photo by Angela Breakey*

Marjorie Bedinger H-1 November, 2018.
443-578-8264, marjorie@zoominternet.net

A person of dual talents, Marjorie Bedinger was at the same time a systems analyst at the Centers for Medicare and Medicaid and part time farmer.



After a multi-phased college career, Marjorie obtained an undergraduate degree at UMBC in 1971 with a major in mathematics. She graduated in one of UMBC's first four classes, called the Fab Four. Commuting from her farm in Harford

County, in 1973 she began work for the federal government in what became known as Centers for Medicare and Medicaid (CMS). She worked there for 32 years, 20 of which she programmed using the SAS software system, eventually providing technical support to the agency's SAS users nation-wide. Marjorie retired in 2005.

Marjorie met her husband, Jimmy, in Denver, and married in 1961 while he was in the USAF. In the following decade, the couple moved 13 times, while Jimmy finished an electrical engineering degree and worked for Westinghouse.

In 1971, they moved back to Harford County to Pylesville, not far from where Marjorie had grown up, and settled on a small farm that they named Constant Effort. Over many years they built their house and barns, raised beef cattle, goats and chickens; and grew a huge garden.

Marjorie also had some ponies and horses, taught horsemastership to selected children, and judged Shetland pony competitions. In 1999 she and her husband bought their first Icelandic horses, which they began exhibiting at expos, gaited horse shows, and 4-H clubs to re-introduce them to the Mid-Atlantic region.

More recently, Marjorie participated in three of the equine therapy sessions that Broadmead held with Rose of Sharon Farm.

Text and photo by Jackie Mintz

Residents hear a different sound at bass trombone concert

By Sidney M. Levy, photo by Sally Bloomer

On January 30, an audience thinned by bitterly cold weather heard unusual music produced by bass trombonist Carter Jackson. His instrument, seldom performed alone, is adjustable to several registers, but was in the bass mode for most of the evening.



Pianist James Olin accompanies Carter Jackson producing mellow tones from his bass trombone.

Jackson earned a Bachelor of Music in Trombone Performance at the University of Hartford in 2015. He then joined the Amarillo Symphony in Texas. After a stint with the New Mexico Philharmonic, he came to Baltimore's Peabody Institute where he pursues a Graduate Performance Diploma.

Jackson was accompanied by pianist James Olin, a member of the Baltimore Symphony Orchestra from 1976 to 2017, who now teaches at Peabody.

The performers collaborated on works by classical composers (Brahms, Galliard), as well as three living artists, including Roger Boutry who wrote "Tabacchanale" to employ the many low register notes that can only be achieved by the bass trombone.

MUSIC COMMITTEE and MULTICULTURAL COMMITTEE

Community Concert Choir of Baltimore

Directed by Marco Merrick

Wednesday, March 27
7:00 p.m. Auditorium/Lounge

Young duet provides Sunday afternoon entertainment

By Bob Fetter, photo by Erroll Hay

Broadmead residents enjoyed another delightful Sunday afternoon concert on February 3 when young musicians, flutist Stephanie Ray, and guitarist Jeremy Lyons, performed in the Auditorium/Lounge. Both musicians began their musical studies elsewhere at early ages. Jeremy now usually performs solo, as well as teaching in the area. Stephanie appears with a variety of ensembles.

They took time to introduce each number in their diverse repertoire, providing background about the composers and their pieces



Stephanie Ray on flute, Jeremy Lyons on guitar.

ranging from Georg Philipp Telemann from the 18th century; to an Argentinian; an Italian; and three French composers. They then played six Romanian folk dances by Bela Bartok and a recent piece by performer Jeremy Lyons.

In Memory of Chace Davis

Baltimore Choral Arts Society Concert

Wednesday, April 3
7:00 p.m. Auditorium/Lounge

The Evolution of Oceanography and the Rise of Global Sea Level

Stan Wilson expands on his Men's Social address (see next page) and adds slides.

Friday, March 8, 2:30 p.m. Auditorium

Stan Wilson explains why major rising of sea levels is a sure thing

By Bob Heaton and Bob Fetter,
photo by Bob Heaton

Speaking to a Saturday Men's Social audience, Stan Wilson said that recently sea levels have been rising three millimeters per year. Two-thirds of this change is caused by Arctic ice melt, and the rest by thermal expansion resulting from warming oceans.



Moreover, the *rate* of rise is increasing by 3% per year, leading to conservative estimates that by 2100, sea levels will have risen by two to four feet. Stan predicts a rise of three to six feet. The Norfolk Naval Base and Miami Beach are

already reacting.

After a brief stab at marine biology, including an uncomfortable year of doing Antarctic research, Stan was influenced to switch to oceanography by a professor at Johns Hopkins, where Stan earned a PhD in 1972.

In his work, Stan was able to gather scientists from specialties not often in communication, and find ways to make use of technology and analytic techniques in totally different applications. This also provided Stan some "right place at the right time" opportunities to serve in management capacities.

Stan said satellites have been important to understanding *El Niño*, hurricanes, and similar phenomena. But today's most valuable information comes from the Argo Program operated by a 20-nation consortium. Sensing devices, 4,000 of them worldwide, are sunk to ocean floors. As they float to the surface, they collect data at specified depths which they ultimately relay to satellites. These probes have shown that ocean acidity is rising, endangering coral reefs and the bottom of the food chain, plankton.

Dick Webster's life's calling: teaching and inspiring others

By Bob Fetter, photo by Erroll Hay

Dick Webster shared a series of vignettes from his life story. He chose to open by recounting the night he spent in a cell at Baltimore's Northern District Police Station. This followed an officer's visit to his Calvert Street fraternity house during Dick's student years at Johns Hopkins. Released without charge, his saga continued as he introduced his Hopkins lacrosse coach Bob Scott, and then Betty Webster, his wife. He included flashbacks from his Bolton Hill boyhood.

His married life with Betty has included making 14 moves to a variety of teaching,



coaching and later consulting assignments. Not to be overlooked has been their raising a family of three sons and one daughter. Now there are ten grandchildren.

During his first teaching post at Severn School near

Severna Park, Dick found he really enjoyed classroom teaching, along with coaching both basketball and lacrosse, guiding the lacrosse team to an MSA championship.

His next post was with Sewickley Academy near Pittsburgh where Dick started the lacrosse program which thrives after forty years. He turned down an invitation to coach University of Virginia's Division I lacrosse team, partly because he wanted to continue classroom teaching. Then, in his 30's, he set a new goal – someday to serve as a head of school, which he later did at La Lumiere School in La Porte, IN.

Dick wrapped up his Saturday Men's Social talk with inspiring reminders about pillars and guides which have remained important throughout his life: Family, Faith, and Friends; the enjoyment of Teaching, Coaching, and Counseling, and the bedrocks of Trust, Respect, and Love. Dick closed by singing a hymn of gratitude and praise.

Broadmead Briefs *by Bob Heaton*

February began with Groundhog Day when



Photo by Jim Logie

alert resident Jim Logie saw that **Broadmead Bill**, a cousin of Punxsutawney Phil, had made an appearance at the behest of Jai Dixon and Jane Elkinton. Even though Bill sought his shadow

in the wrong direction, it appears that six more winter weeks are happening,

In January, the Multicultural Committee collected school supplies such as paper of all kinds, pencils, pens, crayons, markers, etc. in boxes and bags near the reception desk. These items had



Photo by Gwyn Sirota

been requested by JaNaye Scott, a first grade teacher in Baltimore who danced at the Kwanzaa celebration here in December. In the photo above, **Gwen Marable** is shown delivering supplies to JaNaye and three of her students.

Multicultural Committee

The Jennifer Dean Community Folk Dancers performing Irish dances

Sunday, March 24 3:00 p.m. Lounge

First Monday Book Group

Sargent's Women

by Donna M. Lucey

Moderator: Frank Iber

Mon., March 4 10:30 a.m. Auditorium

Clock Dance *by Anne Tyler*

Moderator: George G. Toole

Mon., April 1 10:30 a.m. Auditorium

Losing a hearing aid can be frustrating and expensive. A helpful device is available from the audiology office. It is a lanyard to which one or two hearing aids can be permanently attached. The lanyard is clipped to the wearer's clothing, usually to the back of a garment, often the collar. In the photo, a penny is in the center for scale. The clothing clip is at the upper left. A hearing aid with an eye screwed into it is attached to one end, and a connection for another aid is at the other end.

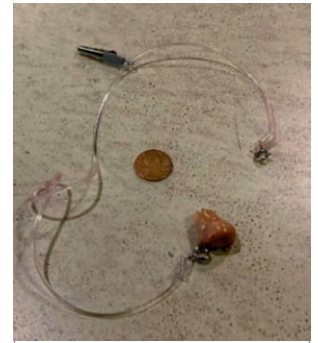


Photo by Bob Heaton

Residents are reminded of the importance of wearing **reflective clothing** while walking near dawn or dusk. **Elsa Collins**, a strong advocate of the practice, reports mixed results. Some have asked if she is directing traffic. The first morning she wore her vest, two construction workers thanked her, but a resident who drove by her later complained that the vest had startled her. Elsa concludes that without the vest, the driver would not have seen her.

In her ongoing efforts to provide residents with as much timely and helpful information as possible, Health Care Administrator **Ann Patterson** has instituted Q & A sessions she calls "**Five Minutes with Ann.**" She can be found each Tuesday between noon and 12:30 at a table with guest chairs outside of the Arbor Café.

The Exchange

Residency Counselors

Kathleen Coon and Kristen Myers

Wed., Feb. 27 3:00 p.m. Auditorium

Cabaret Music & Dancing

Monday, March 11

7:00 to 8:15 p.m. Lounge

Everyone Welcome

Annual Quilt Show delights residents in February *photos by Bob Heaton*



Made for Robin Tate by Susan Davis who assembled all the award ribbons Robin's black Lab, Sadie earned in agility competitions over her long life.



Challenge quilts by Susan Davis (above) and Carole Glowacki (left) employed specialty fabrics. They will hang in the Baltimore Heritage Quilt Guild show.

As always, the Quilt Show was an unqualified success. Residents sang its praises everywhere.

The Voice regrets that more space was not available to display these treasures. We apologize to the skilled quilters not included, and also to Lucy Wright for having to display her work sideways.

Lucy Wright's cathedral window quilt (right) was begun in the 1980's. It used scraps from clothes she made for her daughter, as well as remnants from other projects. Finished for the show at the behest of Carole Glowacki.



Pediatrician to the Eskimos

Jerry Winkelstein, M.D. reprises and expands on his popular presentation to the October Saturday Men's Social
Wed., March 13 7:00 p.m. Auditorium

BRA HEALTH CARE LECTURE

Laughter is the Best Medicine

Andy Switzer, Director
Center of Excellence in Health and Wellness
Tues., March 19 10:30 a.m. Auditorium

InSight

"Making it with Low Vision"

Mary Jo Hartle
National Federation of the Blind
Wed., Feb. 27 10:15 a.m. Auditorium

NATURE COMMITTEE

Planning for spring projects
Come, and bring your ideas
Wed., March 20 4:00 p.m. Fireplace Room

What might you find at the

OLD & NEW SHOP?

COME BROWSE!

WEEKDAYS 10-2 SATURDAYS 11-1

Furniture and Appliances

We are bulging with stuff in the Barn Sale Room and Old & New Shop

mobility devices, lamps & shades,
carpets, vacuums, furniture

For details and hours,
Call Duffy after 10:00 a.m., 443-578-8226

Creative Scene

By Jane Elkinton

It is always an inspiring moment when the community acknowledges another artist in our midst. In March we celebrate the work of



Photo by Sophia Carr

Clint Kong in an East Hall solo exhibition. Clint has recently switched from Receptionist to his current role with Campus Security. He was born in Trinidad and Tobago, a twin island country southernmost in the

Caribbean West Indies.

As a child he traced cartoon characters and began to explore drawing, becoming aware of his talent by age 10. Although he enjoyed his art classes at school, Clint was a rebel who preferred his own art over the assignments and was more interested in helping others succeed with their projects than in completing his own.

By age 15 Clint had moved to Baltimore and attended Northwestern High School, which had just stopped offering art courses. Not to be deterred in his talent, he entered the Baltimore Preakness Drawing Competition, won a prize for his drawing of a Centaur and saw his work exhibited at Pimlico and Security Square Mall.

Clint's mother, a seamstress, always encouraged his artwork but responded to his childhood dream of being an artist saying she wanted no starving artists in the family. The roots of his ability can be found in the artistic talents of both grandmother and mother (see her work included in the exhibit). He is now happy to share his genius with his two young daughters.

Baltimore County Public Library

Bookmobile Visits

2nd and 4th Fridays each month
9:30 a.m. to 11:00 a.m.
Lower Level Entrance

Having designed tattoos, Clint prefers to work in pencil and is now experimenting with digital media, currently taking on-line art courses in graphics and animation. As you will see in his drawings, this artist works intuitively allowing his first line and his mind to give the pencil its freedom.

In other exhibits, the Atrium celebrates the hard-working artists from the Ceramics Studio and the bowls they have created for the St. Vincent de Paul "Empty Bowls" project.



Suzanne Swift, Gay Block, Lily Kouo and Ann Yellott produce items for the "Empty Bowl" project.
Photo by Angela Breakey

The Display Cabinet presents items from Howard Garber's collection, including Tiffany and Steuben pieces. The Photography Club exhibit invites the viewer to contemplate abstract images using personal reaction and interpretation.

Display Areas in March

East Hall: Clint Kong solo exhibit.

Display Case: Part of Howard Garber's collection of Steuben and Tiffany glass, and other items.

Atrium: "Empty Bowls" created at Broadmead for St. Vincent de Paul's feed the hungry project.

Lower Level: Photography Club's Abstract Art Created With a Camera.

Saturday Men's Social

March 23 9:30 a.m. Auditorium

Norman Meadow

A Nuclear Energy Advocate Speaks
Please wear name tags

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.
Stony Run Board Room

Interfaith Vespers

Reverend Nancy H. Hennessey,
Sherwood Episcopal Church
Sunday, March 17, 4:30 p.m. Lounge

Bible Study

(sponsored by
Govans Presbyterian Church)
Tuesdays, 10 a.m. Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
Second Wednesdays, 10 a.m.
Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
First Thursdays, 10:30 a.m.
Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by
Towson Unitarian Universalist Church)
"Should the death penalty be abolished?"
Thurs., Mar. 14 10:30 a.m. Fireplace Room

In Memoriam

Rolfe Finn

May 6, 1925 - January 26, 2019

John N. Dowling

September 22, 1940 - January 29, 2019

Richard M. Love, Sr.

September 19, 1934 - February 6, 2019

Catherine Mason

October 17, 1932 - February 15, 2019

MARKETING REFERRAL WINNERS

Each received a \$50 Wegman's gift certificate

November: **Denise Love**

December: **Peg Patterson**

January: **Dave Harley**

Mark and Jackie Stokes enjoy their unusual Himalayan cat

Story and photo by Jackie Mintz

Pumpkin is a Himalayan cat who is light beige and appears much larger than he is in reality because of his fluffy long hair. In that way he is like other Himalayans. But unlike



other Himalayans, or other cats in general for that matter, Pumpkin has bright red toenails. These are actually nail coverings, called Soft Paws, designed to prevent or discourage scratching. Small plastic covers that slide over the claws, they need to be replaced on a monthly basis.

Friendly and curious but like many, if not most, cats, Pumpkin tolerates human antics only up to a certain point. Photographs of claws were emphatically past that point.

When Pumpkin moved here almost two years ago, he had been part of the Stokes family for over seven years. He travels regularly with Jackie and Mark to their Eastern Shore condo, where he sits at the window and happily watches the gulls on the beach.

Himalayan cats are a breed mixture of Persian and Siamese cats and sometimes described as "a Persian cat in Siamese drag." They are considered to be naturally well mannered, sweet, quiet, and not overly energetic.

WELCOME RECEPTION FOR NEW RESIDENTS

All are urged to come and meet
our new friends.

Thursday, March 14
7:00 p.m. Auditorium

Please be sure to wear name tags.

BROADMEAD MOVIES**7:00 p.m. Auditorium**

March Movies selected by:

Saturdays: Jean Wilson

Tuesdays: Bob and Elborg Forster

Saturday, March 2 *Being There*

Comical series of mistaken assumptions gives oblivious gardener Peter Sellers vast power in D.C. Shirley MacLaine also stars.
1979 PG 2 hours 10 min

Tuesday, March 5 *The Joy Luck Club*

Four young Chinese women resolve mother/daughter relationships through flashbacks to their mothers' lives in China.
1993 R 2 hours 19 min

Saturday, March 9 *Chinatown*

Faye Dunaway hires private eye Jack Nicholson to verify her husband's infidelity. Case involves water supply for burgeoning L.A. in 1937. Intrigues abound.
1974 R 2 hours 10 min

Tues, March 12 *The Life of Emile Zola*

Paul Muni, as emerging author Zola, wins vindication for wrongly accused "traitor" Captain Alfred Dreyfus. Best Picture Oscar.
1937 NR 1 hour 56 min

Saturday, March 16 *Who's Afraid of Virginia Woolf?*

Bitter middle-aged couple trade recriminations, drawing young guests into the fray. Liz Taylor won Best Actress Oscar for battling Richard Burton.
1966 NR 2 hours 11 min

Tuesday, March 19 *Monsieur Vincent*

In 1600's France, St. Vincent de Paul tries to ease clashes between peasants and nobles while the Black Plague rages.
1947 NR 1 hour 51 min

Saturday, March 23 *Annie Hall*

Twice-divorced comic romances singer. Best picture, actress, director, and screen play won by this lark which dissects Woody Allen's neurotic affair with Diane Keaton.
1977 PG 1 hour 33 min

Tuesday, March 26 *Immortal Beloved*

Which of the many women in Beethoven's life was the object of a love letter he wrote? Gary Oldman ably plays the composer.
1994 R 2 hours 1 min

Saturday, March 30 *The Bridges of Madison County*

In the summer of 1965, Clint Eastwood visits Iowa to shoot photos of bridges for National Geographic. Housewife Meryl Streep helps him for four highly charged, emotional days.
1995 PG-13 2 hours 15 min

Two more residents are needed to select a limited number of films. Interested parties should contact Jim Logie at 443-578-8438 or jimlogie@yahoo.com.

Hallowell and Taylor Events

Friday, March 1, 2019

Hallowell Hall Cluster Meeting

11:00 am – Hallowell Activity Room

Thursday, March 7, 2019

John Butler Travel Program:***Eye on Ireland***

10:30 am – Taylor Great Room

Saturday, March 16, 2019

**St. Patrick's Music Program
with Dr. John**

3:00 pm – Garden Dining Room

Monday, March 18, 2019

Taylor Hall Cluster Meeting

10:30 am – Taylor Kitchen

Tuesday, March 19, 2019

Music with Judy Stamberg

3:00 pm – Taylor Great Room

Wednesday, March 20, 2019

Monthly Birthday Party

with Music by John Oliver

3:00 pm – Garden Dining Room

Voice of the Residents

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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 300 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to voiceBRA@gmail.com AND to rpfeh2@gmail.com.

Paint and Pastels

Thursdays, 10 a.m. to noon

Lower Level Art Room

Ceramics

Every Thursday, 1:00 to 3:00 p.m.

Lower Level Ceramics Studio

Sew and So

Wednesdays, 10 a.m. to noon

Lower Level Art Studio

Freshly laundered garments only

Corner Cupboard

Weekdays except Wednesdays, 10:00 - 4:30

Closed 1:30 - 2:30

Metropolitan Opera Bus Trips to Charles Theater

Buses leave Lower Level as noted,
Return at 5:00 p.m. Bus Charge: \$15.
Signup behind reception desk required.
Buy opera tickets at the box office.

Donizetti - *La Fille du Régiment*

Saturday, March 2 Bus leaves at noon

Wagner - *Die Walküre*

Sat., March 30 Bus Leaves at 11:00 a.m.

TRIPS COMMITTEE

Peabody Library

From the Willard Hackerman Map Collection

This exhibition showcases some of the most
stunning and historical maps of early Maryland
from the 17th to the 19th Centuries.

Tuesday, March 12
Bus departs at 1:15 p.m.,
returns about 4 p.m.